**2025高考英语一轮复习外刊阅读与词汇专练**

**专题09 你的空调在骗你！**

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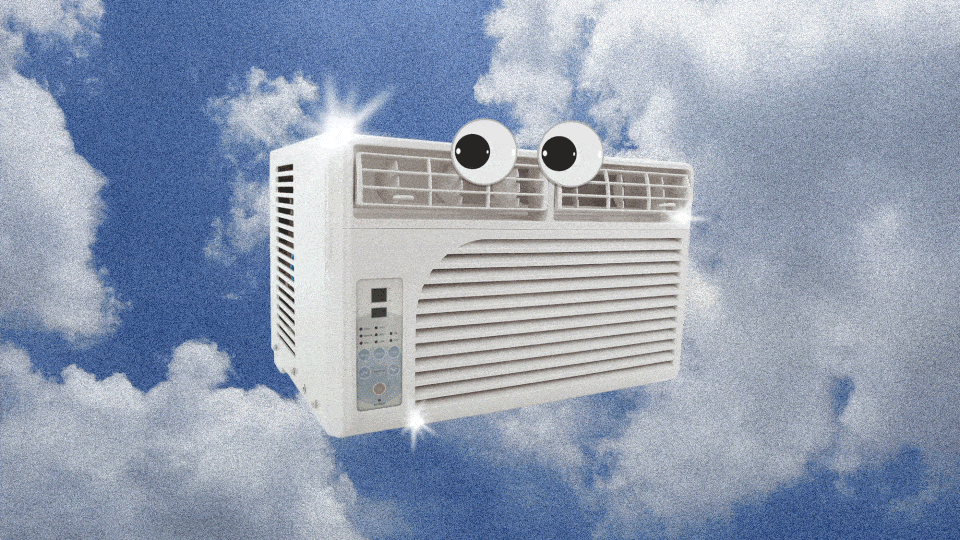
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**【精编·外刊阅读】**

**Your Air Conditioner Is Lying to You**

**（文章来源： The Atlantic）**

**文中红色粗体为课标词，下面有专门的高频课标词训练和课标词梳理表格**

[A] My **electric** bill last month was **disgusting**. I’ve kept my window air-**conditioning** units on for hours every day, and now I have to pay the price: the most expensive month of cooling that I’ve ever had. If there ever was a time to **press** my AC’s MONEY SAVER **button**, it would be now. But I don’t think I will, not this summer and not ever—because money-saver mode has always **struck** me as a sham(骗局).

[E] The point here was to cut back on ACs’ **energy** **consumption**. They said that when an air-**conditioner** was **operating** in **energy**-saver mode, its fan would have to be shut off, for the most part, unless its compressor was also active. **Beyond** that, manufacturers had flexibility to **determine** other **details** of how a money-saver mode might work.

[G] “There’s not a standardized **definition** of this eco mode or **energy**-saver mode,” Jordan Clark, an HVAC-systems **expert** at Ohio State University, told me. Some models might **merely** **switch** off the fan as required and leave it at that. He **suspects** that others also slow down the **rate** at which they cool a room. That could make an air **conditioner** more **efficient**, while **limiting** the total **amount** of heat it can **remove**. Given 2024’s **particularly** **frequent** and **intense** heat **waves**, your window unit may end up **struggling** to reach the set point that you want, he said: “This is probably not the time when you would want to put it into that eco mode.”

[K] But either way, the **effects** of running them this way are unmistakable: It’s hotter in the house. I want to save money on my air-**conditioning**, but I can accomplish that by turning up the number on my temperature control. That’s not only more transparent; it’s more **precise** and economical, and better for the planet too. It’s more “eco,” if you will.

**【原创 阅读理解】**

1. What is the author’s overall attitude towards the money-saver mode?

A.The author considers it an efficient energy-saving tool.

B.The author sees it as a clever marketing strategy.

C.The author is doubtful and thinks it’s mostly ineffective.

D.The author has no strong opinion on the mode.

1. What is the primary purpose of the energy-saver mode according to the text?

A.To save energy by controlling the fan and compressor functions.

B.To decrease noise levels by managing the fan's operation.

C.To increase cooling efficiency by optimizing compressor speed.

D.To provide both cooling and heating options in one mode.

1. Why does Clark mention the intense heat waves of 2024?

A.To review the performance of air conditioners in normal conditions.

B.To warn specifically that energy-saver mode might fail during heat waves.

C.To underline the ongoing difficulty of maintaining comfort in heat.

D.To argue for improvements in cooling technology under extreme conditions.

1. How does the author propose to save money on air-conditioning?

A.By using ceiling fans to supplement the cooling effect.

B.By manually adjusting the temperature setting to a higher level.

C.By running the air conditioner mainly during the coolest periods.

D.By closing off unused rooms to reduce cooling needs.

**【原创 语法填空】**

Last month, my electric bill was shockingly high. I ran my window air-conditioning units for hours each day, \_\_\_\_1\_\_\_\_ (result) in the most expensive cooling bill I've ever seen. If ever there was a time to use my AC’s MONEY SAVER mode, it would be now. But I won’t—because I’ve always doubted itseffectivenes. The energy-saver mode \_\_\_\_2\_\_\_\_ (design) to reduce energy consumption by managing the fan and compressor. \_\_\_\_3\_\_\_\_ (typical), the fan shuts off when the compressor isn’t running, but manufacturers have the freedom to design this mode differently. This flexibility means that not all energy-saver modes work the same way, and some may be \_\_\_\_4\_\_\_\_ (effect) than others. “There’s no standardized definition of this eco mode,” says Jordan Clark, \_\_\_\_5\_\_\_\_ HVAC expert. Some units simply turn off the fan when it’s not needed, \_\_\_\_6\_\_\_\_ others might slow down the cooling process, making the unit more energy-efficient but potentially less efficient. \_\_\_\_7\_\_\_\_ 2024’s severe heat waves in full swing, your air conditioner may struggle to maintain the desired temperature, making this mode less reliable. This lack of consistency can be frustrating for \_\_\_\_8\_\_\_\_ (consume). Ultimately, using the energy-saver mode often \_\_\_\_9\_\_\_\_ (lead) to a hotter home. To really save on air-conditioning costs, I prefer to manually adjust the thermostat to a higher temperature, \_\_\_\_10\_\_\_\_ is more straightforward, precise, and environmentally friendly—plus, it gives me more control over my comfort.

**【原创·课标高频词训练】**

1. She is \_\_\_\_\_\_\_\_ (particular) drawn to novels that explore complex moral dilemmas.

2. He had been visiting the gym \_\_\_\_\_\_\_\_ (frequent) before he injured his knee.

3. The sudden rise in \_\_\_\_\_\_\_\_ (electric) costs caught everyone by surprise.

4. The meal was so \_\_\_\_\_\_\_\_ (disgust) that many customers left negative reviews online.

5. She quickly \_\_\_\_\_\_\_\_ (switch) off her phone when she noticed the low battery warning.

6. The \_\_\_\_\_\_\_\_ (remove) of the old law was seen as a major step towards reform.

7. The report was \_\_\_\_\_\_\_\_ (mere) an outline and lacked the depth necessary for a full analysis.

8. With the arrival of the internet, access to information became almost \_\_\_\_\_\_\_\_ (limit).

9. The athlete’s \_\_\_\_\_\_\_\_ (intense) training routine was designed to push him to his limits.

10. Several \_\_\_\_\_\_\_\_ (expert) were brought in to give their opinions on the complex issue.

11. The new algorithm（算法） is significantly \_\_\_\_\_\_\_\_ (efficient) than the previous one, reducing processing time by half.

12. She was \_\_\_\_\_\_\_\_ (determine) to succeed, no matter how many obstacles she faced.

13. The instructions provided were so \_\_\_\_\_\_\_\_ (detail) that even a beginner could follow them easily.

14. The scientist provided a precise \_\_\_\_\_\_\_\_ (define) of the phenomenon in her latest paper.

15. The government is icarrying out new policies to reduce the \_\_\_\_\_\_\_\_ (consume) of single-use plastics.

**【梳理·外刊中的课标词】**

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| --- | --- | --- | --- |
| **英文词汇** | **中文意思** | **英文词汇** | **中文意思** |
| conditioner |  | precise |  |
| particularly |  | operating |  |
| frequent |  | electric |  |
| disgusting |  | energy |  |
| wave |  | system |  |
| switch |  | suspect |  |
| struggle |  | struck |  |
| remove |  | rate |  |
| press |  | merely |  |
| limit |  | intense |  |
| expert |  | efficient |  |
| effect |  | determine |  |
| detail |  | definition |  |
| consumption |  | button |  |
| beyond |  | amount |  |